

## *What is Aspektism for Kids?*

It has been designed for the general public to gain insight of how Autism Spectrum Disorder affects the lives of those individuals who have the disorder. It is targeted at parents/carers/teachers'/integration aides & general society to gain greater understanding of the Disorder, and is aimed at children (5 – 12 years) on the Autism Spectrum.

Kerryn had absolutely no idea what to do as a child, because she didn't have a name for her problem. She simply couldn't do things like make friends, as she didn't know how to, along with playing games as she went along with what other people did, not making decisions on her own.

Throughout her life journey she changed from a child's life perspective into the mature adult woman she is now. During this time, she learnt to make decisions/choices on her own by listening to her own gut intuition. She also learnt to make friends through attending church weekly &

keeping/maintaining those friendships she has now, still remain today.

It was to develop this course aimed at children to assist society of what it is like to live with such a disorder, from a child's perspective.

## *What made you decide that an Asperger's course for children was necessary?*

There was a need from parents to both assist & help their children learn/grow/develop and to learn new skills associated with Autism/Asperger's Syndrome. Therefore, the course was developed to assist in this area.

## *Are there other Autism related courses on the market?*

There are other Autism related courses targeted at children on the market, at present but none written from a person's real life perspective.

## *What course modules are there in Aspektism for Kids?*

*Mindism, Sensism, Behaviourism & Choiceism.*

## *Do you have more information on these modules?*

**Mindism:** Learn how kids with ASD/AS are not able to use or comprehend their imaginations to play with toys & understand the world around them.

**Sensism:** How to teach your child with ASD/AS about their feelings and strategies to learn how to recognize them.

**Behaviourism:** Describes the behavior that children with ASD/AS have and behavioral management strategies.

**Choiceism:** This module discusses decision making and for parents to learn the skills necessary to show their kids how to make their choices/decisions for life.

## *How do I get support from these courses?*

Online support is always there via email & Kerryn is just a phone call away.

*Do you think if I did the  
Aspektism course I would  
learn more about Autism  
Spectrum Disorders?*

Absolutely! The more you learn,  
the more you understand what it's  
like for an individual person to live  
with ASD or Asperger's Syndrome.

*Where to from here?*

You are more than welcome to make  
an enquiry via email or phone call to  
Kerryn.

Please use the contact details on this  
brochure or via the website.



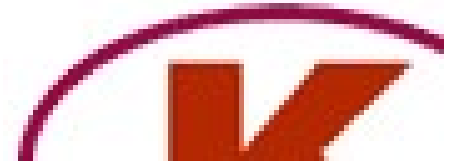
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Expectations”*

Check out our website for  
further information.

**ASPEKTISM  
FOR KIDS**